



Tom's Dive & Swim

# Preschool Level 2

Age 3 – 5 years

**Level:** INTERMEDIATE/ADVANCED

**Required Skills:** Child must be able to swim at least 5 feet unassisted on front and back with rudimentary strokes, and be comfortable jumping in the water.

**Goals for Class:**

- Learn coordination of arm and leg movements, to improve stroke technique on front, back and underwater.
- Learn diving and deep water skills.
- Upon completion of this level, your child will be able to swim freestyle and backstroke 15 – 30 ft unassisted and demonstrate rhythmic breathing, water safety skills, as well as show their comfort and confidence in deep water.



*Most children will need multiple sessions to achieve skills*



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## Group Lessons

**Cost:** \$100

**Term:** 8 half hour classes

Our group class size is kept at a max of five children in order to promote an optimal safe learning environment.

- Spring Sessions: Meet two days a week for one month. Either on Mondays & Wednesdays, or Tuesdays & Thursdays.
- Summer Sessions: Meet four days a week for two weeks. Monday through Thursday.
- Fall Sessions: Meet two days a week for one month. Either on Mondays & Wednesdays, or Tuesdays & Thursdays.

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## Private Lessons

**Cost:** \$ 50 per half hour

**Lessons Scheduled:**

- Fridays between 9:00 a.m. and 6:30 p.m.
- Saturdays between 9:00 a.m. and 1:00 p.m.

Our mission at Tom's is to offer a safe, fun, educational environment for our swimmers. We achieve this by limiting our class sizes and listening to clients. With our indoor heated pool, your child will swim year round in warm water with no weather cancelations. We feel confident that our facility provides a unique opportunity for your family to enjoy lessons from certified instructors throughout the year.

Tom's Dive & Swim | 5909 Burnet Rd., Austin, TX 78757 | 512.451.3425 | Fax: 512.451.4607 | AustinSwim.com



# Preschool Level 2 2010 Schedule

## Required Items

- \* Goggles
- \* Kickboard
- \* Swim Suit
- \* Towel



## Spring Sessions

### Monday/Wednesday

12:15 – 12:45

3:15 – 3:45

Session #	Date
1	Jan 11 <sup>th</sup> – Feb 3 <sup>rd</sup>
2	Feb 8 <sup>th</sup> – March 3 <sup>rd</sup>
3	March 8 <sup>th</sup> – March 31 <sup>st</sup>
4	April 5 <sup>th</sup> – April 28 <sup>th</sup>
5	May 3 <sup>rd</sup> – May 26 <sup>th</sup>

### Tuesday/Thursday

12:15 – 12:45

1:45 – 2:15

3:15 – 3:45

Session #	Date
1	Jan 12 <sup>th</sup> – Feb 4 <sup>th</sup>
2	Feb 9 <sup>th</sup> – March 4 <sup>th</sup>
3	March 9 <sup>th</sup> – April 1 <sup>st</sup>
4	April 6 <sup>th</sup> – April 29 <sup>th</sup>
5	May 4 <sup>th</sup> – May 27 <sup>th</sup>

## Summer Sessions

### Monday – Thursday

11:30 – 12:00

3:30 – 4:00

Session #	Date	Session #	Date
6	June 1 <sup>st</sup> – June 10 <sup>th</sup>	10	July 26 <sup>th</sup> – Aug 5 <sup>th</sup>
7	June 14 <sup>th</sup> – June 24 <sup>th</sup>	11	Aug 9 <sup>th</sup> – Aug 19 <sup>th</sup>
8	June 28 <sup>th</sup> – July 8 <sup>th</sup>	12	Aug 23 <sup>rd</sup> – Sept 2 <sup>nd</sup>
9	July 12 <sup>th</sup> – July 22 <sup>nd</sup>		

## Fall Sessions

### Monday/Wednesday

12:15 – 12:45

3:15 – 3:45

Session #	Date
13	Sept 8 <sup>th</sup> – Sept 29 <sup>th</sup>
14	Oct 4 <sup>th</sup> – Oct 27 <sup>th</sup>
15	Nov 1 <sup>st</sup> – Nov 17 <sup>th</sup>
16	Nov 29 <sup>th</sup> – Dec 15 <sup>th</sup>

### Tuesday/Thursday

12:15 – 12:45

1:45 – 2:15

3:15 – 3:45

Session #	Date
13	Sept 7 <sup>th</sup> – Sept 30 <sup>th</sup>
14	Oct 5 <sup>th</sup> – Oct 28 <sup>th</sup>
15	Nov 2 <sup>nd</sup> – Nov 18 <sup>th</sup>
16	Nov 30 <sup>th</sup> – Dec 16 <sup>th</sup>

## Sunday Sessions

**Cost:** \$70

**Term:** 4 half hour classes  
per month

12:15 – 12:45

Session #	Date
1	Jan 10 <sup>th</sup> – Jan 31 <sup>st</sup>
2	Feb 7 <sup>th</sup> – Feb 28 <sup>th</sup>
3	March 7 <sup>th</sup> – March 28 <sup>th</sup>
4	April 11 <sup>th</sup> – May 2 <sup>nd</sup>
5	May 9 <sup>th</sup> – May 30 <sup>th</sup>
6	June 6 <sup>th</sup> – June 27 <sup>th</sup>
7	July 11 <sup>th</sup> – Aug 1 <sup>st</sup>
8	Aug 8 <sup>th</sup> – Aug 29 <sup>th</sup>
9	Sept 12 <sup>th</sup> – Oct 3 <sup>rd</sup>
10	Oct 10 <sup>th</sup> – Oct 31 <sup>st</sup>
11	Nov 7 <sup>th</sup> – Nov 28 <sup>th</sup>
12	Dec 5 <sup>th</sup> – Dec 19 <sup>th</sup>